

3 COURSE LUNCH SPECIAL €25.00

STARTER

MAIN COURSE

DESSERT

Monday to Saturday 12 noon to 3pm. Excluding Bank Holidays



STARTERS

Liscannor Bay Chowder COA	€8
With our unique brown bread with pumpkin seed	
Duck Liver Parfait COA	€9.50
Served with toasted Brioche bread and sweet Cumberland sauce	
Classic Caesar Salad COA.....	€8
Baby gem, bacon, croutons, aged parmesan and caesar dressing	
Very Healthy Salad	€8
Ballysalad leaves, quinoa, long stem broccoli, pomegranate,MAIN.. €12 beetroot & mandarins tossed in balsamic dressing	
Bluebell Falls Goats Cheese, Thyme and Garlic Fritter V.....	€9.50
Spiced beetroot puree, walnuts and dressed leaves	
Home Made Duck Spring Rolls	€9.50
With dark soya and sweet chilli syrup	
Hamptons Sticky Wings	€8.50
Served with our blue cheese dip	
Todays Fresh Soup COA.....	€7
Served with pumpkin seed brown bread	
Bang Bang Chicken COA.....	€9.50
Lightly battered chicken, chilli dressing and mixed leaves	
Satay Marinated Chicken Skewers C	€9
Marinated peppers, lemon, chilli and coriander syrup	

V. Denotes vegetarian friendly dishes. C. Denotes coeliac friendly dish
COA. Denotes coeliac friendly option available on this dish.



RECOMMENDATIONS

Hamptons Hickory Burger COA.....	€13
Vintage Cheddar Cheese, bacon, specially blended Hamptons burger sauce, onion ring, burger salad garnish and fries	
Southern Fried Chicken Burger COA.....	€13
Jalapeno crisp salad, Cajun mayo and fries	
Traditional Beer Battered Fish and Chips	€13.50
With mushy peas, crisp fries and chunky tartar sauce	
Hamptons Red Coconut Curry C	
served with steamed rice.	
with chicken	€13
with king prawns	€15
Grilled Atlantic Hake C.....	€14.50
Sautéed baby potatoes and green beans tossed in tomato sauce, sundried tomato tapenade	
Beef Stroganoff	€14.50
Beef Fillet strips in a traditional stroganoff sauce with steamed rice	
Shepherds Pie	€13.50
Slow braised Connemara Lamb topped with mash with Vintage Cheddar, root vegetables and red wine jus	
Grilled Salmon C.....	€16.50
Roast fennel, champ mash, lemon and dill sauce €2 supplement	
Slow Braised Lamb Shank C.....	€17.50
Creamy mash potatoes, roasted winter vegetables and red wine jus €3 supplement	
Bang Bang Chicken COA.....	€13
Lightly battered chicken breast and oriental vegetables cooked in a sweet and spicy sauce, served with steamed rice	
Knife & Fork BBQ Ribs COA.....	€14.50
Served with Hamptons fries and creamy slaw	

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RECOMMENDATIONS

Hamptons Open Steak Sandwich COA.....	€14.50
Sautéed beef strips with onions, pepper sauce and Hamptons fries	
Chicken Caesar Salad	€13.50
Baby gem, bacon, croutons, aged parmesan, & caesar dressing with grilled chicken	
Breaded St.Tolas Goats Cheese Salad CV.....	€15
Beetroot, walnuts and balsamic dressed leaves	

TEA, COFFEE, CAPPUCCINO & ALL SOFT DRINKS ONLY €2.50

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Excluding bank holidays

Allergens: Some of our menu items contain allergens, and some may contain nuts. If you have any dietary requirements, or require further information on our ingredients, please ask a member of our customer service team.



HAMPTONS FLAME GRILLED SIRLOIN STEAK

Charcoal Fired Sirloin Steak Served with either Fries or Creamy Mash, Confit Tomato, Portabello Mushroom, Onion Ring Garnish, Pepper Sauce

€28



HAMPTONS

RESTAURANT | GRILL ROOM | PRIVATE DINING

LUNCH MENU